

**Sun safe Policy**

**Rationale**

At Paulton Junior School we recognise that children's skin is delicate and can be easily damaged by the sun's UV rays, particularly in the middle of the day and that if we protect ourselves we can reduce the risk we take in the sun. We work with staff, parents and children to implement 3 main aims when being safe in the sun:

**Aims**

- PROTECTION: providing an environment that enables pupils and staff to stay safe in the sun;
  1. The playground has at least one shaded area in which the children can relax and play, which is shaded by trees. There are seats provided in this area.
  2. In the summer children are encouraged to wear hats outside. Our uniform and PE kits also ensure that shoulders are covered.
  3. Pupils are encouraged to apply sunscreen before school and are allowed to bring a small tube of sunscreen with them to school which can be applied by them at break and lunchtimes or if there is an activity outside in the summer such as sports day.
  4. Water is readily available and children are given regular opportunities to hydrate.
- EDUCATION: learning about sun safety to increase knowledge and influence behavior;
  1. Each year children will undertake a PSHE and C activity relating to sun safety from Sun Smart criteria. The five key Sun Smart skin cancer prevention messages are: Spend time in the shade between 11 and 3, Make sure you never burn, aim to cover up with a t-shirt, hat and sunglasses and use factor 30+ sunscreen.
  2. We will talk about how to be Sun Smart in assemblies at the start of the summer term.
  3. Parents and guardians will be reminded about sun protection via newsletter and website throughout the summer term.
- COLLABORATION: working with parents, governors and the wider community to reinforce awareness about sun safety and promote a healthy school;
  1. The sun safe policy is accessible on the school website.

Policy written June 2015

Agreed by staff September 2015

Agreed by Governors October 2015

Reviewed September 2018 Next Review September 2021

Signed.....Mrs J. Chapman (Play Co-ordinator)

Signed.....Mr M. Grosvenor (Headteacher)

Signed.....Mr J. Crouch (Chair of Governors)

## Appendix A

Dear Parent or Guardian,

Now the summer term has started I wanted to write and tell you about our sun safe policy. The policy was developed to ensure that we can all enjoy the sun safely over the coming months.

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but it can have an effect in later life. Children with fair skin, lots of moles or freckles, or a family history of skin cancer are considered most at risk.

Your child's health and well-being are very important to us, which is why we have decided to:

1. Educate the children about sun protection.
2. Provide shade in the playground and encourage pupils to wear hats and sunglasses when outside.
3. Encourage pupils to use sunscreen 30+ daily before school in the summer term.

Your support is very important to the success of this policy. You can help by:

1. Talking to your child about the importance of sun protection at home.
2. Sending your child to school with a hat, sunglasses and named water bottle.
3. Help your child to apply sunscreen daily before school.

Together, we will have a very happy and safe term to come!

Yours sincerely

J Chapman

(PSHE coordinator)